www.quebecfirstaid.com Tel :418-856-6605 / 1-877-860-0215 Fax :418-371-0886 info@quebecfirstaid.com

First-Aid kit check list (according to the Quebec rules and requirements on First-Aid)

Company name : ►	
First-aid kit location : ►	
First-Aid kit number : ►	

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Email :info@quebecfirstaid.com

Recommended components

**** = items with expiring date, replace when obsolete.**

Mandatory material ▼

	MINIMUM QUANTITY	By ►																							
		DATE ►																							
Bandage scissor	1																								
Sharp splinter forcep	1																								
Safety pins assorted	12																								
Adhesive bandage (1 in x 3 in.) 2.5 x 7.5 cm	25																								
Sterile gauze pad 4x4 (102mm x 102mm)	25																								
Sterile conforming bandage roll 2 in. (50mm)	4																								
Sterile conforming bandage roll 4 in. (100mm)	4																								
Triangular bandage 40 x 40 x 56 in.	6																								
Compression sterile bandage 4 in. (100mm)	4																								
Adhesive tape 1 in (2.5cm)	1																								
Antiseptic swab pad BZK **	25																								
First-aid pocket book or CSST protocol	1																								
Optional material ▼																									
Survival aluminium sheet (Rescue Blanket)	1																								
Wax paper bag for motion (Vomitting)	1																								
Face shield for CPR	1																								
Pocket mask for CPR	1																								
Latex Glove	6																								
Vinyl Glove	6																								
Nitrile Glove	6																								
Alcohol swab pad (for instrument desinfection)**	25																								
Instant cold pack	1																								

Note :
* The first-aid kit must be accessible in less than 5 minutes at any time!
* The first-aid kit must not contain any medication!
* The first-aid kit must be complete at any time!